

24 HOUR PRAYER VIGAL FOR THE SICK AND SUFFERING

Through the Prayers of our Holy Fathers and Mothers, O Lord Jesus Christ, have mercy on us
and Save Us. Amen.

Glory to you, O God, glory to you.

O Heavenly King, the Comforter, the Spirit of Truth
who are present everywhere and fill all things,
the treasury of blessings and giver of life,
come and abide within us, cleanse of from all impurity
and save our souls, o Good one.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3 times)

Glory to the Father and the Son and the Holy Spirit
now and forever, and unto the ages of ages. Amen.

All Holy Trinity, have mercy on me.
Lord, forgive our sins. Master pardon our transgressions.
Holy One, visit and heal our infirmities for your name's sake.

Lord have mercy. Lord have mercy. Lord have mercy.

Glory to the Father and the Son and the Holy Spirit
Now and forever, and unto the ages of ages. Amen.

Our Father, who art in heaven
Hallowed be Your name.
Your kingdom come, Your will be done,
On earth as it is in heaven.
Give us this day our daily bread,
And forgive us our trespasses,
As we forgive those who trespass against us
And lead us not into temptation,
But deliver us from the evil one.

For Yours is the kingdom, and the power and the glory
Of the Father and the Son and the Holy Spirit,
Now and forever and unto the ages of ages. Amen.

Psalm 142

O Lord, hear my prayer, give ear to my supplications in Your truth; hear me in Your righteousness. Do not enter into judgment, with Your servant, for in Your sight no one living is justified. For the enemy has persecuted my soul; he has crushed my life to the ground; he has made me dwell in darkness, like those who have long been dead, and my spirit is overwhelmed within me; my heart within me is distressed. I remembered the days of old; I meditated on all Your works: I pondered on the work of Your hands. I spread out my hands to You; my soul longs for You, like a thirsty land.

Hear me quickly, O Lord; my spirit fails. Do not turn Your face away from me, lest I be like those who go down into the pit. Cause me to hear Your mercy in the morning, for in You I have put my trust. Cause me to know, O Lord, the way in which I should walk, for I lift up my soul to You. Rescue me, lord, from my enemies; to You have I fled for refuge. Teach me to do Your will, for You are my God. Your good Spirit shall lead me in the land of uprightness. For Your name's sake, O Lord, You shall quicken me. In Your righteousness You shall bring my soul out of trouble, and in Your mercy, You shall utterly destroy my enemies. And you shall destroy all those who afflict my soul; for I am Your servant.

THE PETITIONS

In peace, let us pray to the Lord. (*“Lord have mercy” after each petition*)

For the peace from above, and the salvation of our souls, let us pray to the Lord.

For peace in the whole world, for the stability of the holy churches of God, and for the union of all, let us pray to the Lord.

For our Church, its leaders, all missionaries who seek to spread your Gospel among all nations, and for all the clergy and people, let us pray to the Lord.

For our country, its president, those in civil authority, the armed forces, and all its people, let us pray to the Lord.

For all those with special needs (*mention those in need*)

For a perfect, holy, peaceful and sinless day, let us ask of the Lord. (*“Grant this O Lord”*)

For an angel of peace, a faithful guide, and a guardian of our souls, let us ask of the Lord.

For the forgiveness and remission of our sins and transgressions, let us ask of the Lord.

Remembering the most holy mother of God, with all the saints, let us commit ourselves, and one another, and our entire lives to Christ our God. (*“To You O Lord.”*)

For to you belong all glory, honor, and worship, to the Father and the Son and the Holy Spirit, now and forever, and to the ages of ages. Amen.

Prayer of Elder Paisios for the Whole World

Our Lord Jesus Christ:

Do not abandon Thy servants who live far away from the Church. May Thy love convict them and bring them back to Thee.

Lord have mercy on Thy servants who are suffering from cancer.

Lord have mercy on Thy servants who suffer either from small or serious ailments.

Lord have mercy on Thy servants who suffer from physical infirmities.

Lord have mercy on Thy servants who suffer from spiritual infirmities.

Lord have mercy on our leaders and inspire them to govern with Christian love.

Lord have mercy on children who come from troubled homes.

Lord have mercy on troubled families and those who have been divorced.

Lord have mercy on all the orphans of the world, on all those who are suffering pain and injustices since losing their spouses.

Lord have mercy on all those in jail, on all anarchists, on all drug abusers, on all murderers, on all abusers of people, and on all thieves. Enlighten these people and help them to straighten out their lives.

Lord have mercy on all those who have been forced to emigrate.

Lord have mercy on all those who travel on the seas, on land, in the air, and protect them.

Lord have mercy on our Church, the bishops, the priests and the faithful of the Church.

Lord have mercy on all the monastic communities, male and female, the elders and eldersses and all the brotherhoods of Mt. Athos.

Lord have mercy on Thy servants who find themselves in the midst of war.

Lord have mercy on Thy servants who are being pursued in the mountains and on the plains.

Lord have mercy on Thy servants who are being hunted like birds of prey.

Lord have mercy on Thy servants who were forced to abandon their homes and their jobs and feel afflicted.

Lord have mercy on the poor, the homeless and the exiled.

Lord have mercy on the nations of the world. Keep them in Thy embrace and envelope them with Thy holy protection. Keep them safe from every evil and war. Keep our beloved homelands in Thy protective embrace day and night. Embrace her with Thy holy protection defending her from all evil and war.

Lord have mercy on those who have been abandoned and have suffered injustice. Have mercy on families that are going through trying times. Pour Thy abundant love upon them.

Lord have mercy on Thy servants who suffer from spiritual and bodily problems of all kinds.

Lord have mercy on those who are despairing. Help them and grant them peace.

Lord have mercy on those that have requested that we pray for them.

Lord grant eternal rest to all those who have passed on to eternal life throughout the ages.

This prayer of his was given to a convent which had asked the Elder for a prayer rule that could be used by the nuns in their evening vigils. This directive was given to the nuns during the final years of his life. It would be correct to add intentions as your heart directs, and to say this prayer as part of your daily rule.

Akathist to the All-Merciful Lord, Physician of Our Souls and Bodies



(by Valentina Bershadskaya, translated by Maria Murray)

Kontakion 1

O Champion Leader and Lord, Wondrous Creator of human nature, hear our prayers from the height of the throne of Your Glory: Jesus, Almighty Physician, heal our souls and bodies.

Ikos 1

Having created the multitude of archangels and angels for Your service,

You made man from the dust of the ground for the inheritance of the Kingdom of Heaven, and You loved him above all creatures, O All-Merciful Lord. Learning of Your inexpressible love, as Your children, we cry unto You:

Jesus, Who called us into the marvelous world, allow us to abide with You forever.

Jesus, Who called us to be children of the Creator, allow us to ever hymn Him.

Jesus, grant us healing from our sins, with which we stained ourselves.

Jesus, grant us to stand at Your right on the Day of the Resurrection of all.

Jesus, Almighty Physician, heal our souls and bodies.

Kontakion 2

Seeing the perdition of the human race, You, O Father, desired to save it, for You so loved the world that You willed to send Your Only-Begotten Son Jesus Christ for our salvation. Therefore to Him we sing: Alleluia.

Ikos 2

You endowed Your creature with heavenly understanding, O Compassionate Lord, worthy of songs of praise and thanksgiving, You abide in Your Heavenly Kingdom, but we who are enslaved to sin abide in the poverty of our minds. Therefore we pray to You, fill our feeble minds with Your grace that we may know that we bear Your image and may become Your worthy children. For this sake, receive our petition:

Jesus, Who made our bodies to be temples of God, cleanse them from all impurity.

Jesus, Who breathed the breath of life into our bodies, enlighten them again with the Holy Spirit.

Jesus, Who created our souls to be immortal, deliver us from mortal sins.

Jesus, Who gave us luminous reason, chase the darkness from our hearts.

Jesus, Almighty Physician, heal our souls and bodies.

Kontakion 3

Strengthened by divine power, though we are great sinners, do not despair of our salvation, but put all hope in You alone and sing to You with compunction: Alleluia.

Ikos 3

With Your immeasurable compassion, enter our hearts and make them into Your dwelling place so that abiding with You, we may know You with our whole souls and minds, for You are the God of those who repent and all things are possible with You. We cry to You such things as these:

Jesus, Who created our eyes, allow us to see You with clarity.

Jesus, Who created our ears, allow us to hear Your sweet voice.

Jesus, Who created our mouths, allow us to unceasingly praise You.

Jesus, Who created our senses, allow us to apprehend the fullness of life in You alone.

Jesus, Almighty Physician, heal our souls and bodies.

Kontakion 4

Wearied by the storms of life, we hasten to Your divine intercession, O our Savior.

Strengthen our weakness enabling us to carry our cross for the rest of our lives without complaint but praising You: Alleluia.

Ikos 4

Hearing our endless weeping, tell us as You told Your friends, O Lord: "Do not cry, O my beloved, I will not leave you without my protection, but will heal you from your sickness and sorrow."

Gladdened by such promise, we call upon You:

Jesus, the True Light, enlighten us with the knowledge of God.

Jesus, the Living God, vouchsafe us worthy of eternal life.

Jesus, Who gave Your body to us as incorruptible food, fill our hungering souls.

Jesus, Who suffered on the Cross for us, heal the wounds of our souls with Your Blood.

Jesus, Almighty Physician, heal our souls and bodies.

Kontakion 5

Worshipping the Unoriginate Trinity, we humbly beg You, our Christ: intercede for us sinners before Your Father so that He would not withdraw the Holy Spirit from us. And we cry to Him: Alleluia.

Ikos 5

Again and again we behold your outpourings of mercy on us of which we are not deserving, but marveled by Your compassion and long-suffering, we cry to You:

Jesus, we know that we are infirm and careless, but we diligently seek Your help.

Jesus, we know that we are hard-hearted and disobedient, but we long for the recovery from our ills.

Jesus, we know that we have sinned many times against You, but offer You tearful repentance.

Jesus, we know that we fall every day, but we can rise from our falls by the strength of Your power.

Jesus, Almighty Physician, heal our souls and bodies.

Kontakion 6

Desiring to save us from perishing forever, O Our Father, Your Only-Begotten Son was sent for our salvation as a Sacrifice. Through Your grace, heal our bodies and souls infected with the leprosy of sin so that we may even here on earth worthily praise You: Alleluia.

Ikos 6

Enlighten our souls with Your unwaning Light, O Lord, teaching us to walk in the light of Your commandments so that we may not sin before Your face but sing to You:

Jesus, Inexpressible Love, warm our cold hearts with Your Love.

Jesus, Gentle Light, make our darkened souls radiant with Your never-waning Light.

Jesus, Heavenly Sweetness, delight our human nature with Your Grace.

Jesus, Benevolent Master, fill our lives with Your bounties.

Jesus, Almighty Physician, heal our souls and bodies.

Kontakion 7

Desiring to manifest the greatness of Your love and compassion throughout Your earthly life, O Lord, You led many sinners to repentance. As the Publican, we cry to You: "God, be merciful to us, sinners!" And hoping in Your abundant mercy, we call unto You: Alleluia.

Ikos 7

You revealed in us a new creation, O Jesus, when in Your baptism You delivered us from the ancestral sin. For such benevolence to our mankind, we praise You:

Jesus, we glorify Your inexpressible loving-kindness.

Jesus, we praise Your great benevolence.

Jesus, we extol Your saving Passion.

Jesus, we thank You for all Your bounties.

Jesus, Almighty Physician, heal our souls and bodies.

Kontakion 8

Amazing and strange is Your ineffable benevolence and care for us, O Lover of mankind. Knowing our infirmities and weaknesses, with tears we entreat You: endure us, O Merciful One, and if we find favor in Your sight, do not forsake us, Your servants who cry to You: Alleluia.

Ikos 8

O Christ Our God, You are the fulfillment of our every desire and enjoyment by which we strengthen and satisfy our souls and bodies. For this we hymn You:

Jesus, You are our Joy and Sweetness.

Jesus, You are our Tenderness and Delight.

Jesus, You are our Glory and Stronghold.

Jesus, You are our Power and Protection.

Jesus, Almighty Physician, heal our souls and bodies.

Kontakion 9

All of the human nature healed by You from infirmity and illness gratefully praises You, Almighty Physician, and, knowing that God's power is made perfect in our weaknesses, cries out with compunction: Alleluia.

Ikos 9

God-loving orators, though they speak much of You, are unable to worthily glorify the great power of Your miracles, O Lord, by which You healed the woman with the issue of blood from her sickness, raised Lazarus from four days in the grave, lifted up Jairus' daughter from her death bed, and performed many other healings. But we, well aware of such miracles, cry out to You:

Jesus, Who raised the paralytic from his bed, raise our souls from sins.

Jesus, Who opened the eyes of the man born blind, open our spiritual eyes.

Jesus, Who resurrected the son of the widow of Nain, resurrect our kind thoughts.

Jesus, Who granted Abgar healing from his terrible disease, grant us healing from all our diseases.

Jesus, Almighty Physician, heal our souls and bodies.

Kontakion 10

Desiring to save all who believe in You, O Christ the Savior, You ascended into heaven and prepare a place for them in Your Kingdom. Therefore, vouchsafe us at the hour of our death to reach our Father's home in heaven, where we can glorify You: Alleluia.

Ikos 10

Everlasting King, Jesus Christ, Who for our salvation received flesh from the all-pure Virgin Mary and sanctified her by Your divinity, sanctify our sinful flesh with Your divinity so we may cry out to You in gratitude:

Jesus, cleanse our hands so we may glorify You with good deeds.

Jesus, strengthen our legs so we may follow You with gladness.

Jesus, correct our thoughts so we may live our lives to Your glory.

Jesus, bring peace to our souls so we may love all Your servants.

Jesus, Almighty Physician, heal our souls and bodies.

Kontakion 11

Most tender songs we offer to You, our Sweetest Jesus, exalting Your great mercy towards us and worshipping You with love and humility, we call on You: Alleluia.

Ikos 11

Shine into our souls the great and divine Light, O Giver of eternal life, so enlightened by it, we may reach the Heavenly Kingdom and, as the apostles on Mount Tabor, exclaim to You: "It is good for us to be here!" Receive now our supplications:

Jesus, forgive all our sins.

Jesus, receive our humble repentance.

Jesus, place our souls into the heavenly abode.

Jesus, transfigure our bodies at the resurrection of all.

Jesus, Almighty Physician, heal our souls and bodies.

Kontakion 12

Grant us Your grace, O Jesus Our God, which You bestowed on Your beloved disciples here on earth. Receive the confession of our sins, hear our groaning, send down upon us Your Holy Spirit, so that purified by Him, we can be accounted worthy to call upon You on earth as the angels call upon You in heaven: Alleluia.

Ikos 12

Singing of Your unspeakable love for mankind, we worship the greatness of Your deeds, O Christ, and fall down at Your feet with faith and love as before the Almighty Physician of our souls and bodies, exclaiming to You:

Jesus, our Maker, make us heirs of Your Kingdom,

Jesus, our Savior, save us from eternal torments.

Jesus, our Redeemer, redeem us from death unto eternal life.

Jesus, our Archpriest, save all Your archpriests who intercede for us at Your Judgment.

Jesus, Almighty Physician, heal our souls and bodies.

Kontakion 13

O Sweetest and Most-Bountiful Jesus, look down with love from Your Heavenly throne on us who are infirm and exhausted by the wounds of soul and body. Mercifully incline Your ear to our tearful plea and heal us by Your saving Passion from all sickness of soul and body, so that rising from our sick bed, we may enter into Your Holy Church, forever singing to You: Alleluia. Alleluia. Alleluia.

(This kontakion is read thrice, then again ikos 1 and kontakion1)

Prayer

O All-Powerful and Almighty Physician of our souls and bodies – Lord Jesus Christ! Hear now the tearful prayers of all Your servants who are suffering from grievous illnesses and who place all their hope in You alone. For we know, O Lord, that where human hand cannot give relief and healing - You can, for nothing is impossible for You. Having created our souls and bodies, You possess the power to save us. Therefore we beseech You, All-Merciful One, if it is Your holy will, heal us of our infirmities of soul and body and, according to the judgments known to You, regenerate our nature afflicted with sickness. Above all, we entreat You to forgive all our sins so that with our souls purified by repentance, we can hymn You, together with Your Heavenly Father and the Holy Spirit forever. Amen.

JESUS PRAYER (with 12 prostrations).

Lord Jesus Christ, Son of God, Have Mercy on us. Repeat 100 x.

Prayer for all the peoples of the world, according to the model of the prayer of St Silouan of Mount Athos.

*I pray Thee, O Merciful Lord, for all the peoples of the world, that **they may come to know Thee by the Holy Spirit.***ⁱ

*I pray Thee, O Merciful Lord, that Thou wouldst relieve the suffering of the hungry, and that **they may come to know Thee by the Holy Spirit.***

*I pray Thee, O Merciful Lord, that Thou wouldst bring to repentance those who can alleviate the suffering of the hungry, but do nothing, or even actively increase their suffering, and that **they may come to know Thee by the Holy Spirit.***

*I pray Thee, O Merciful Lord, that Thou wouldst relieve the sickness and suffering of those who are ill, especially those who suffer because of civil war, oppression, neglect and poverty, and that **they may come to know Thee by the Holy Spirit.***

*I pray Thee, O Merciful Lord, that Thou wouldst comfort and make safe those who are suffering from war, and killing, and civil unrest, and that **they may come to know Thee by the Holy Spirit.***

*I pray Thee, O Merciful Lord, that Thou wouldst comfort and guard from anger, bitterness and despair those who have lost loved ones because of the inhumanity of men. Help them to not return hatred for hatred or murder for murder, and that **they may come to know Thee by the Holy Spirit.***

*I pray Thee, O Merciful Lord, that Thou wouldst enlighten and bring to repentance and the knowledge of Thee those who kill and rape and plunder from their fellow man, and that **they may come to know Thee by the Holy Spirit.***

*I pray Thee, O Merciful Lord, that Thou wouldst comfort and protect women, children and men who are trafficked as slaves, and that **they may come to know Thee by the Holy Spirit.***

I pray Thee, O Merciful Lord, that Thou wouldst comfort and protect women, children and men who are abused physically, sexually, verbally and emotionally, *and that they may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, that Thou would bring to sobriety, peacefulness and love those who are angry and nursing grudges, and planning retribution for wrongs they have suffered, *and that they may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, that Thou wouldst enlighten those who hate Christianity and the church because of personal experiences, and prejudices, *and that they may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, that Thou wouldst make steadfast those who are suffering persecution, deprivation, slander and danger because of their true belief in Thee, *and that they may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, that Thou wouldst comfort, protect and bring to repentance those who are incarcerated, *and that they may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, that Thou wouldst comfort and guard from evil thoughts and actions those who are suffering unjustly for something they did not do, *and that they may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, that Thou wouldst comfort and give purpose and joy to those who are in despair or feel no purpose in their lives or are contemplating suicide, *and that they may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, that Thou wouldst bring to full sobriety, and mental clarity those who suffer from mental illness and those who are possessed or oppressed by demons, *and that they may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, that Thou wouldst enlighten and bring to repentance those who kill and torture and dominate others in the name of a false God, *and that they may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, That Thou wouldst enlighten and bring to repentance those who kill and profit from and promote the killing of babies in the womb, and children, and the elderly and the feeble, *and that they may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, that Thou wouldst comfort and enlighten and bring to repentance and fill with true joy and purpose those who are contemplating killing their unborn child, and those who have killed their children, *and that they may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, that Thou wouldst help those who have committed a great sin, and have

great sorrow, to know Thy forgiveness and to grow in hope, and love, and joy, *and that they may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, that Thou wouldst bring to repentance those who are advocating for or attempting to impose abortion upon anyone, *and that they may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, that Thou wouldst bring to repentance and true belief and moral purity politicians who promote and subsidize all immorality, the killing of the unborn and feeble and disenfranchisement or the subjugation of the poor, *and that they may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, that Thou wouldst bring to repentance and true belief and moral purity those who teach indecent things because of greed, or ignorance or any other hidden sin, *and that they may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, that Thou wouldst help those who know what is right and are afraid to speak the truth, especially the clergy, *and that they may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, that Thou would enlighten and bring true belief, and purpose those who do not believe in Thee, or oppose Thee, *and that they may come to know Thee by the Holy Spirit.*

I pray Thee O Merciful Lord, that thou wouldst increase peace in families, and mutual love between all, *and that they may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, that Thou wouldst teach spouses to put aside any divisions and grow to perfection in Thee through loving each other, with peace, mutual comfort, and tranquility, *and that they may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, that Thou wouldst help spouses to keep their marriage bed undefiled, never with lust or selfishness or perverse practices, and always increasing their love for Thee, *and that they may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, that Thou wouldst guard children from the pernicious effects of our unbelieving society and that they would grow in their faith unto the stature of a perfect man, *and that they may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, that Thou wouldst help Fathers and Mothers to do the one thing needful for their children, and with patience and wisdom raise them in the fear of Thee and piety and remember to pray for them with tears every day, *and that they may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, that Thou wouldst teach siblings to love each other as their neighbor and not have petty squabbles and disputes, *and that they may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, that Thou wouldst prosper the church and not let any one of our children, loved ones and friends be lost to unbelief, lukewarmness or depravity, *and that they may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, that Thou wouldst bring to repentance and purity those who fornicate

and do impure sexual things or have heretical beliefs concerning them, *and that they may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, that Thou wouldst break the bondage of those who are addicted to pornography and all uncleanness and bring them to the knowledge of Thee, *and that they may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, that Thou wouldst bring to wholeness and purity those who are engaged in the homosexual lifestyle and give strength to those who have any kind of illicit sexual attractions to live in purity and holiness, *and that they may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, that Thou wouldst give courage and steadfastness to those Who have true belief in Thee, whose lives, families and property are at great risk because of the spectre of militant Islam, atheistic governments, or any totalitarian system that hates true Christianity, *and that they may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, that Thou wouldst comfort and give true joy to those who are in despair because of drug addiction, *and that they may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, that Thou wouldst help those who do not live according to purpose to learn their purpose, *and that they may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, that Thou wouldst enlighten and bring to repentance and true faith and the knowledge of Thee those who proclaim heresies, *and that they may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, that Thou wouldst help all peoples to have the remembrance of death and to have their treasure in heaven, not among the things of the world which are passing away, *and that they may come to know Thee by the Holy Spirit*

I pray Thee, O Merciful Lord, that Thou wouldst bring to repentance and Christian action those of us who do very little to help our suffering brethren, *and that they may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, that Thou wouldst forgive me my terrible sins, and not let any one of them cause my brother to stumble. And if I have caused anyone to stumble because of my sins, I beseech Thee - forgive! And give me a path to rectify my wrongs, and grant that *we all may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, that Thou wouldst help me to love my enemies, that *we all may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, that Thou wouldst open my heart to the sufferings of others, that *we all may come to know Thee by the Holy Spirit.*

I pray Thee, O Merciful Lord, that Thou wouldst help me to judge rightly regarding my brothers, but never to disdain them because of their sins, *and that we all may come to know Thee by the Holy Spirit.*

*I pray Thee, O Merciful Lord, that Thou wouldst season my foolish words with salt, that **we all may come to know Thee by the Holy Spirit.***

*I pray Thee, O Merciful Lord, that Thou wouldst teach me to pray with attention and love, that **those I pray for may come to know Thee by the Holy Spirit.***

*I pray Thee, O Merciful Lord, for all the peoples of the world, that **they may come to know Thee by the Holy Spirit. Amen.***

Prayers for the sick:

O Almighty Master, Holy King, Who chastises us that we do not perish; Who raises up those who fall and restores those who are downcast; Who heals the bodily afflictions of mankind; we pray you, our God: In your mercy visit Your suffering servant(s), N., and forgive him (or her, them) every transgression, whether voluntary or involuntary. Yea, O Lord, send down from on High Your healing power; touch the body; quench the fever; relieve the suffering; and cast out every hidden ailment making its abode within. Be the Physician to Your servant(s), N.; raise him (or her, them) up to the full perfection of health from the bed of affliction and from his (or her, their) couch(es) of infirmity, granting him (or her, them), through Your Church, that which, according to Your Will, is well-pleasing to You. For it is Yours to show mercy and to save us, O our God, and to You we ascribe glory: to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Heavenly Father, Physician of our souls and bodies, who have sent Your only-begotten Son and our Lord Jesus Christ to heal every sickness and infirmity, visit and heal also Your servant (Name) from all physical and spiritual ailments through the grace of Your Christ. Grant him/her patience in this sickness, strength of body and spirit, and recovery of health. Lord, You have taught us through Your word to pray for each other that we may be healed. I pray pray, heal Your servant (Name) and grant to him/her the gift of complete health. For You are the source of healing, and to You I give glory, Father, Son, and Holy Spirit. Amen.

[If you still have time finish with reading Psalms or another Akathist then the ending below.]

The Father is my hope.
The Son is my refuge.
The Holy Spirit is my protection.
Holy Trinity, Glory to You.

Hail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, for you gave birth to the Savior of our souls.

Into Your hands, O Lord Jesus Christ, I commit my soul and my body. Bless me, have mercy on me, and grant me eternal life. Amen.

Through the prayers of our holy Fathers and Mothers, Lord Jesus Christ, have mercy on us and save us.
